Pair of Expanding Pedals
#30-30-0322 - ½” axle thread
#30-30-0323 - 9/16” axle thread

Contents
Left and Right Expanding Pedals with heel and instep straps
NOTE: The pedals are marked on the end of the threaded axle with L for left and R for right.

Tools Needed: 10mm and 15mm wrench.

1. Expanding pedals may be shortened or lengthened to fit the rider’s shoe. Use a 10mm socket or wrench on the bottom of the pedals to adjust the length of the pedal.
2. You can also adjust the pedal to toe-in or toe-out positions by using the 10mm wrench on the bolts at the pedal axle.
3. The pedals come with heel and toe cord loops welded to the bottom of the pedals.
4. The pedal axles come in two (2) sizes.
   a. One-half inch (1/2) fits the cranks on the 1420 ProSeries/2722 models.
   b. Nine-sixteenths (9/16) inch axles fit conventional aluminum style cranks found on AM/JT recumbents/Handcycle models.

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