

## **Pair of Expanding Pedals**

#30-30-0322 - ½" axle thread #30-30-0323 - 9/16" axle thread

## **Contents**

Left and Right Expanding Pedals with heel and instep straps

NOTE: The pedals are marked on the end of the threaded axle with L for left and R for right.

Tools Needed: 10mm and 15mm wrench.





- 1. Expanding pedals may be shortened or lengthened to fit the rider's shoe. Use a 10mm socket or wrench on the bottom of the pedals to adjust the length of the pedal.
- 2. You can also adjust the pedal to toe-in or toe-out positions by using the 10mm wrench on the bolts at the pedal axle.
- 3. The pedals come with heel and toe cord loops welded to the bottom of the pedals.
- 4. The pedal axles come in two (2) sizes.
  - a. One-half inch (1/2) fits the cranks on the 1420 ProSeries/2722 models.
  - b. Nine-sixteenths (9/16) inch axles fit conventional aluminum style cranks found on AM/JT recumbents/Handcycle models.

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