Foot Cup Assembly:
Part #: 30-31-0149S-Small; 30-31-0149M-Medium

Contents
Pair of Molded Foot Cups
2 ea. 3” wide adhesive backed hook material

1) When installing foot cups on the AmTryke models listed above - remove the heel strap from the pedal plate.
2) Peel off the paper backing on the 3” wide adhesive backed hook material.
3) Apply the 3” wide adhesive hook material to the metal foot plate. Be careful not to cover the slots at the edges of the foot plate.
4) Re-install the heel strap through the bottom of the metal footplate.
5) Thread the heel straps and toe straps through the foot cups, push the foot cups securely against the hook material surface on the metal foot plate. Note; Line up heel plate with inner slot of foot cup. Pull slack out of straps as you push firmly down on foot cup.

Straps are installed here from the factory.

Heel plate of pedal goes into this slot.

Install straps through bottom when using footcups

Straps go through slots in side.

Slot of foot cup for heel plate of pedal.

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