Pedal Block
Part #30-31-0154

Use these lightweight wooden blocks to fit between the pedals and foot cups to adjust for leg length differences.

Contents
Pedal Block(s) – (depending on quantity ordered) 2 ea. 3” wide adhesive backed hook material

When installing the pedal blocks on AmTryke pedal plates, use these instructions:

1) Remove heel strap from the pedal foot plate.
2) Remove paper backing from 3” wide adhesive backed hook material.
3) ADD PICTURES
4) Position the hook material (adhesive side down) onto pedal foot plate so that it is centered within the edges of pedal foot plate. Take care not to cover the slots in the metal pedal plate.
5) Reinsert heel strap using the slotted holes located on the bottom of the pedal foot plate.
6) Pedal (spacer) blocks can now be added by placing the loop side down onto the pedal footplate.

NOTE: If you add more than one (1) pedal block to the standard AmTryke foot plate you will lose the heel trap at the back of the pedal. In that case you may need to add plastic foot cups (parts #30-31-0149S or #30-31-0149M.)

If adding foot cups follow steps 1-5 above then proceed with steps 6-7:
7) Thread the heel strap and toe strap up through the slotted holes of the foot cup.
8) Place the foot cup on the pedal block at the desired angle.
9) Remove any slack in the straps by pulling on the straps until the foot cup is secure against the spacer pedal block, and the pedal block is securely against the pedal plate.
10) You may need to order longer pedal straps in you add several pedal blocks. It is generally not recommended to add more than two pedal blocks to a pedal. This can compromise ankle stability.