

Conference Registration

Registration fee:

\$40 Non AMBUCS Member

\$20 AMBUCS Member

Preregistration is required.

Register prior to **AUG 18, 2018** & have your name submitted for a drawing for a **Deluxe Wine Basket & 2 Passes to Grapefest**

Pay by credit card online at:

ambucsmidcities.org

Or

Mail registration form with payment (check/money order) to:

Mid Cities AMBUCS
PO Box 558
Bedford, TX 76095

Please print:

Name: _____

Address: _____

City: _____

State: ____ Zip: _____

Credentials: _____ (OT, OTA, PT, PTA)

Phone: _____

Email: _____

MID CITIES AMBUCS
PO Box 558
Bedford, TX 76095

Impacting Fitness Using Therapeutic Tricycles

For Children & Adults with Disabilities



Saturday, September 15, 2018

Hampton Inn Suites
1600 Hurst Town Center Dr.
Hurst, Texas 76054





Event Agenda

Check-in 9:30 AM

Introduction to Fitness Course 30 minutes

The purpose of this course is to review the potential for impacting the fitness and health of people with disabilities by using adaptive tricycles.

Socialization 30 minutes

The purpose of this section is to present findings from surveys of tricycle recipients.

Literature Review 30 minutes

The purpose of this section is to review the literature regarding health and fitness using adaptive equipment and illustrate how it can be applied to adaptive tricycles.

Lunch 60 minutes

Case Studies 30 minutes

The purpose of this section is to review the specific case studies using children and riders on adaptive tricycles.

Experiential Learning 120 minutes

The purpose of this section is to provide hands on training in the evaluation, fitting, and adaptation of therapeutic tricycle.

Location

Hampton Inn Suites
1600 Hurst Town Center Dr.
Hurst, Texas 76054

Speaker

Sue J Haywood P.T.

Sue Haywood has over 40 years' experience as a Physical Therapist and is the current owner of Kidz First Therapy. Sue is also a current Life member and Big Hatter of AMBUCS Longview. Sue designed the first Amtryke in 1998 when she noticed the need for therapeutic trykes after serving the pediatric population, and she continues to help develop and design Amtrykes and accessories to this day. She has evaluated hundreds of clients for Amtrykes/adaptive tricycles across America. Sue graduated from Texas Woman's University in 1977 with a bachelor of Science in Physical Therapy, then attended Southwestern Baptist Theological Seminary and also earned a post graduate degree in Kinesiology from the University of Texas Tyler.



Course Objectives

At the completion of this course the participants will be able to:

1. Identify clients that would benefit from a therapeutic tricycle.
2. Identify community resources to acquire appropriate equipment for child and adult clients.
3. Access current research and literature to support evidence-based incorporation of therapeutic tricycles into a plan of care.
4. Set objective, measurable goals utilizing a therapeutic tricycle as a method of exercise including:
 - a. Fitness, Strength, and Endurance Goals
 - b. Motor Planning Goals
 - c. Socialization and Access to their Environment
5. Recognize safety concerns and be able to provide safety education to their clients that utilize therapeutic tricycles
6. Effectively evaluate clients and recommend appropriate equipment and accessories based on their abilities, limitations and size.

Accreditation

This course has been submitted to the Texas Board of Physical Therapy Examiners for 4 continuing competence units.

Who Should attend

- ◇ Physical Therapist
- ◇ Physical Therapist Assistants
- ◇ Occupational Therapist
- ◇ Occupational Therapist Assistants

Lunch will be provided