

## **COVID-19 Guidelines for Amtryke Assembly**

- A. Upon receipt of an Amtryke box, leave in place for 24 hours to move the box to a location where it can sit untouched for 24 hours<sup>1</sup>
- B. If you must build in a team or group:
  - a. For locations with stay-at-home orders in place<sup>2</sup>: Do not build Amtrykes with those outside of your close contacts (family unit)
  - b. For locations where stay-at-home orders have been lifted
    - i. Adhere to all local regulations regarding gatherings and social distancing
    - ii. Wear a cloth face mask<sup>3</sup> (one with a pocket for a removable filter is preferable)
- C. Upon completion of assembly
  - a. Wash hands with soap and water for a minimum of 20 sec OR use hand sanitizer containing at least 60% alcohol<sup>4</sup>
  - b. Disinfect all metal, plastic and vinyl surfaces of the Amtyke and allow to air dry for appropriate length of time based on specific reagent label<sup>5</sup>
  - c. Spray the foam portion of the parent steer handle (if present) and loop handlebars with Lysol and allow to air dry then cover with a paper bag and secure with string, twist tie or packing tape
    - i. Label the bag with the date of assembly (important for scheduling delivery- see Delivery Guidelines)
    - ii. If your chapter provides written handouts (Safety Tips, Donor info for Thank Yous, Upcoming event info etc, place these into the bag over the handlebar before securing).
  - d. If the helmet arrives in plastic, do not remove it, if it is not in plastic, bag, spray it with Lysol, allow it to air dry then place it in a paper bag as you did the handlebar and rear steer bar

### References

1. COVID19 Survival on Different Surfaces: <https://health.clevelandclinic.org/how-long-will-coronavirus-survive-on-surfaces/>
2. State-by-state chart of stay-at-home orders: <https://www.littler.com/publication-press/publication/stay-top-stay-home-list-statewide>
3. Face Coverings/Mask Recommendations: <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/cloth-face-cover.html>
4. Hand Washing Info:
  - a. CDC: <https://www.cdc.gov/handwashing/when-how-handwashing.html>
  - b. WHO: [https://www.who.int/gpsc/clean\\_hands\\_protection/en/](https://www.who.int/gpsc/clean_hands_protection/en/)
5. Approved cleaning reagents
  - a. EPA List N (comprehensive list) <https://www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2>
  - b. Shorter list of common products: <https://www.cnn.com/2020/03/05/health/epa-disinfectants-coronavirus-trnd/index.html>